

Janna A. Henning, J.D., Psy.D., F.T.

Adler University
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Education

- August 2001 – September 2006 **The Chicago School of Professional Psychology**
Fully APA-accredited Doctoral Program in Clinical Psychology
325 North Wells
Chicago, Illinois 60610
Psy.D. (Doctorate in Clinical Psychology), Sept. 1, 2006
3.99/4.0 GPA
- August 2001 – July 2003 **The Chicago School of Professional Psychology**
Chicago, Illinois
M.A. (Clinical Psychology), July 2003
3.99/4.0 GPA
- August 2002 – July 2003 **Loyola University**
Chicago, Illinois
Prerequisite undergraduate coursework in psychology (33 credit hours)
4.0/4.0 GPA
- August 1993 - May 2001 **Indiana University**
Bloomington, Indiana
J.D. (Juris Doctor), May 1987
- May 1987 **Indiana University**
Bloomington, Indiana
B.A. (Political Science), August 1983

Professional Licenses

- February 2008 Licensed Clinical Psychologist (Illinois)
License Number: 071.007431
- October 2007 Licensed Clinical Psychologist (Indiana)
Expired
- December 2006 Licensed Professional Counselor (Illinois)
License Number: 178004594
- July 1987 Illinois Bar (Currently on *Inactive* Status)

**Professional
Certifications**

- August – October 2018 *The Neurobiology of Trauma LAMP Training* - one of 32 professionals in the US selected to complete a pilot 3-month train-the-trainer program funded by an Office for Victims of Crime federal grant to train law enforcement personnel, prosecutors, advocates, and mental health professionals about the prevalence, impacts, and outcomes concerning sexual assault, and how to approach modifying processes in these professions to work more effectively with survivors
- April 2012 Certified Funeral Celebrant – successful completion of a 6-month formal training program, Celebrant Foundation and Institute.
- July 2011 Certification in Clinical Hypnosis (Practitioner Level) – American Society of Clinical Hypnosis.
- December 2012 - present Fellow in Thanatology – F. T. (Death, Dying, and Bereavement) – Association of Death Education and Counseling. (Note: this is the highest level of certification available in the thanatology field.)
Mandatory (every 3 years) F.T. recertification most recently earned in Dec. 2020.
- December 2006 – December 2012 Certified in Thanatology – C.T. (Death, Dying, and Bereavement) – Association of Death Education and Counseling.
Mandatory (every 3 years) C.T. recertification, earned in Dec. 2009.
- October 2006 – June 2007 *Certificate in Clinical Practice with Lesbian, Gay, Bisexual, and Transgender (LGBT) Individuals and Their Families* (54 classroom hours) - Live Oak Chicago, Illinois
- November 2005 – June 2006 *Certificate in Clinical Hypnosis* (96 classroom hours). Adler School of Professional Psychology (note: the institution's name was changed to Adler University in 1/15), Chicago, Illinois

Faculty Positions

- April 2016 – Present **Professor**
Adler University
Chicago, Illinois
[Duties listed below in the Core Faculty position description]
- April 2011 – April 2016 **Associate Professor**
Adler University
Chicago, Illinois
[Duties listed below in the Core Faculty position description]
[Note: In 2010-2011 all Adler University Core Faculty were evaluated by a committee of faculty and administration and assigned rank.]
- August 2007 – April 2011 **Core Faculty**
Adler University
Chicago, Illinois
- *Develop and teach courses in the Psy.D. program, including:*
 - *Trauma-Focused Approaches to Intervention*
 - *Advanced Trauma-Focused Interventions*

- *Death, Dying, Bereavement, & Loss: Approaches to Intervention*
- *Gender & Sexual Identity in Clinical Practice*
- *Cognitive-Affective Bases of Behavior*
- *Assessment I: Cognitive and Intellectual Assessment*
- *Basic Skills for Psychotherapy (Interviewing)*
- *Biopsychosocial Bases of Health & Dysfunction I (on ground, as well as partially online)*
- *Psychopathology*
- *Professional Development Seminar*
- *Therapy Practicum Seminar*
- *Advanced Practicum Seminar*
- *Dissertation Preparation Seminar*
- *Serve as chair or committee person on doctoral dissertations*
- *Evaluate clinical qualifying exams and Capstone papers, and prepare review materials for students.*
- *Advise students on issues concerning professional development, academic performance, clinical training experiences, and stress management.*
- *Serve as faculty advisor or co-advisor for student groups including the Traumatic Stress Psychology Student Association, the Feminism and Equality Alliance, the Adler Clinical Hypnosis Association, and the Application of Theory to Case Conceptualizations student groups.*
- *As part of a team with the Adler University's Institute on Social Exclusion, created, developed, and delivered a ground-breaking Social Exclusion Simulation game based on current laws, policies, and cultural attitudes to increase public awareness about the legal, cultural, and psychological barriers formerly incarcerated women face as they re-enter society. Simulation participants have included Adler students, faculty, and staff, clinicians, agency and community members, and members of the justice and correctional systems.*
- *Led and facilitated the Social Exclusion Simulation several times each semester for members of the Adler Community and outside guests and partners from 2007 – 2016.*
- *Provide assistance to the Department of Training and Community Engagement in developing new clinical and community service practicum training sites and preparing internship candidates for the application process.*
- *Participate in and lead faculty governance, ad hoc, and working committees, including the Executive Committee (elected position), Rank, Promotion, and Sabbatical (elected position), Faculty Development, Faculty Welfare, Research, Interventions Course Curriculum, Faculty Search, Training, Workload Analysis, alumni relations, and Library committees.*
- *Actively engage in student recruitment and admission efforts.*
- *Participated in three APA accreditation review process through preparation of data and interviews with APA personnel.*
- *Participated in the 2010-2011 Higher Learning Commission Self-Study through preparation of data and interviews with HLC personnel.*
- *Serve on ad hoc committees and shared governance teams to revise the Faculty Constitution and Handbook, the Adler University intellectual property policies, the Dissertation Manual, and the Doctoral Intervention Clinical Qualifying Exam.*

- Create surveys of faculty and students and analyze response data and conduct focus groups to aid in decision making concerning approved dissertation methodologies, mentoring/advisement satisfaction, governance structures, and other topics.

May 2010 - Present

Creator and Coordinator, Traumatic Stress Psychology Emphasis

Created and developed the Traumatic Stress Psychology Concentration (now called "Emphasis"); obtained approval from the Adler administration and faculty as well as the Illinois Board of Higher Education for this multi-course Emphasis within the Adler University Psy.D. Program. The Traumatic Stress Psychology Emphasis is one of the only such sets of focused, concentrated courses within a doctoral program in psychology in the United States. It is designed for students seeking specialized training to provide therapy and assessment services for individuals with symptoms of traumatic stress, including people who have experienced combat, disasters, accidents or life-threatening illness, or chronic interpersonal violence.

As the Emphasis Coordinator:

- Developed and continually revise a curriculum that provides a strong theoretical and empirical knowledge base consistent with current knowledge in the traumatic stress field, is in line with the competencies in traumatic stress that have been recommended by Division 56 (Trauma) of the APA and accepted by the APA in published guideline form, and also facilitates the acquisition of clinical skills in research-supported assessment and intervention approaches, and awareness and prevention of secondary traumatic stress and vicarious traumatization. To date, over 250 students have taken the trauma-related courses in the concentration.
- Develop, facilitate, and teach research-informed doctoral courses and learning experiences to prepare students for ethical and competent trauma-focused practice.
- Mentor graduates in developing traumatic-stress related courses and programs to be taught at other schools and training programs.
- Provide consultation to faculty at other teaching institutions on developing course material related to traumatic stress disorders.
- Provide advisement for Adler University's Traumatic Stress Psychology Student Association.
- Create a database of internship and postdoc experiences relevant to traumatic stress.
- Provide consultation on traumatic stress-related issues for the Adler University community.
- Provide active, engaged mentorship for current and former Adler University students in clinical, professional, and research endeavors within the traumatic stress psychology field.
- Foster relationships between the Adler University and trauma-focused professional associations and clinical training sites.
- Bring in speakers to provide trainings and educational programs concerning traumatic stress for the Adler University community.
- Conduct regular and comprehensive program reviews of the Emphasis.

August 2011 – August 2014

Executive Committee Member – Elected Position

Coordinate communication between academic leadership, faculty council, program chairs, and the Vancouver campus. Develop procedures and decision

trees in accordance with the new faculty constitution. Revise sections of the faculty handbook, including Adler University's policy concerning intellectual property. Plan agendas for meetings of faculty council, academic council, and formal leadership/faculty interactions. Populate standing and ad hoc faculty committees and assist in prioritizing tasks and objectives. Provide consultation on matters related to faculty governance, and draft resolutions.

August 2009 – August 2010

Faculty Council Chair – Elected Position

Planned agendas, organize committee composition, and presided over biweekly administrative meetings for 48 faculty members in seven graduate programs. Provided leadership in addressing issues and policies requiring clarification, resolution, or revision. Facilitated effective communication between faculty and administration. Provided strategic consultation about problem resolution, and coordinate and follow up on action items. Represented faculty in monthly meetings of the Academic Leadership Team.

January 2007 – August 2010

**Faculty Affiliate, Institute on Social Exclusion
Adler University**

Actively participated in research, public education, and outreach projects, including:

- *Planned, developed and implemented innovative international conferences, including the June 2010 Conference: "Social Determinants of Mental Health: From Awareness to Action," with David Satcher, M.D., Ph.D., and Sandro Galea, M.D., M.P.H.; the March 2009 Conference: "Neglected Infections of Poverty," with Peter J. Hotez, M.D., Ph.D.; the October 2008 Conference: "Social Exclusion: Implications for Education and Health Care," with Keynote Speaker Hilary Armstrong, MP; the April 2008 Conference: "Disrupting the Status Quo: Exposing Bias. Building Community," with Keynote Speakers Karen Fulbright-Anderson and Francisco Valdes; and the August 2007 Conference: "Social Exclusion: Sociological and Neuroscience Perspectives," with Keynote Speakers Hilary Silver and C. Nathan DeWall.*
- *Developed, hosted, and moderated film series, town hall meetings, and interactive group events on year-long themes such as exclusion and The American Dream.*
- *As an active member of the ISE team, participated in grantwriting efforts that resulted in receipt of over \$60,000 in funding from organizations such as the Robert Wood Johnson Foundation in the 2009-2010 year alone.*

**Current Clinical
Experience**

September 2019 – Present

**Program Director, Professional Training and Wellness
Bridgepoint Psychology Center**

Chicago, Illinois

Provide and manage professional education and training programs for psychologists, other mental health professionals, trainees, associations, and agencies. Provide clinical consultation for licensed mental health professionals, and supervision for psychology trainees. Provide individual and group consultation to facilitate self-care, enhance wellness, and prevent and manage vicarious traumatization and burnout for health professionals.

Conduct research-supported individual therapy with individuals from racially and culturally diverse and traditionally underserved groups who are experiencing symptoms related to severe traumatic stress disorders, dissociative identity disorder, adjustment to chronic or acute illness (including cancer, multiple sclerosis, and cystic fibrosis), bereavement and loss, severe or chronic mental illness, and chemical dependency, and professionals experiencing vicarious traumatization, burnout, or other work-related conditions.

February 2008 –
Present

**Licensed Clinical Psychologist
Traumatic Stress and Death, Dying, Bereavement, & Loss Focused
Private Practice**

Chicago, Illinois

Conduct research-supported individual therapy with individuals from racially and culturally diverse and traditionally underserved groups who are experiencing symptoms related to severe traumatic stress disorders, dissociative identity disorder, adjustment to chronic or acute illness (including cancer, multiple sclerosis, and cystic fibrosis), bereavement and loss, severe or chronic mental illness, and chemical dependency. Utilize evidence-based treatment approaches. Provide clinical hypnosis for health, well-being, and pain and stress management. Utilize an affirming therapy approach in the treatment of lesbian, gay, bisexual, transgender, and questioning individuals who are working through issues concerning coming out, identity and self-acceptance, living within a homophobic culture, and sexual functioning, as well as LGBTQI-specific support for loss of relationships and loved ones.

Sept. 2012 - Present

**Clinical/Professional Consultant
Private Practice**

Chicago, Illinois

Provide supervision and consultation on issues concerning traumatic stress, death, dying, bereavement, and loss, chronic or life-threatening illness for practicing licensed clinicians.

**Supervised Clinical
Training Experience**

September 2006 –
January 2008

**Postdoctoral Resident/Therapist
The Juniper Center**

Park Ridge, Illinois

In a traumatic stress-focused group practice, conducted individual therapy with individuals from racially and culturally diverse and traditionally underserved groups experiencing symptoms related to severe trauma, dissociative identity disorder, adjustment to chronic or acute illness (including cancer), bereavement and loss, severe or chronic mental illness, and chemical dependency. Utilized evidence-based treatment approaches. Provided clinical hypnosis for health, well-being, and pain and stress management. Provided consultation as well as stress-management and wellness workshops for family caregivers and home healthcare workers who assist people with chronic physical illnesses. Utilized an affirming therapy approach in the treatment of lesbian, gay, bisexual, transgender, and questioning individuals working through issues concerning coming out, identity and self-acceptance, living within a homophobic culture, and sexual functioning, as well as LGBTQI-specific support for loss of relationships and loved ones. All services were provided under the supervision of a licensed clinical psychologist.

Supervisor: Margot Jacquot, Psy.D.
Total hours: 18-22 hours/week.

September 2006 –
August 2007

Postdoctoral Fellow
Adler University

Chicago, Illinois

Participated in the development of new clinical practicum sites and an innovative new community service practicum for students. Facilitated the relationship between Adler University and training sites, clarified details about the training experiences offered, and assisted in resolving difficulties. Assisted in developing a facilitated small-group strategy to facilitate student preparation for the internship application process. Provided informational materials and workshops about training issues to M.A. and Psy.D. students. Advised students about the application, interviewing, and selection process for their training experiences. Assisted alumni and students with career planning and placement. Provided counseling for students on issues related to stress-management, vicarious traumatization, and negotiation with site personnel about training issues. Taught two courses per semester for students in the Psy.D. and M.A. programs. Worked with Adler's Institute on Social Exclusion to develop an innovative simulation game to increase public awareness about the legal, cultural, and psychological barriers that women must negotiate in order to re-integrate back into society after incarceration. All services were provided under the supervision of a licensed clinical psychologist.

Supervisor: Wendy Paszkiewicz, Psy.D.

Total hours: approximately 24 hours/week.

September 2005 –
September 2006

Predoctoral Intern
APA Accredited Internship
Dreikurs Psychological Services Center

Chicago, Illinois

Conducted individual and group therapy in a community mental health care setting serving a racially and culturally diverse population with severe or chronic mental illness, chemical dependency, or history of severe trauma. Conducted individual therapy and co-facilitated a process group in a halfway house for women returning to the community after incarceration; interventions focused on education and employment needs, coping and stress management skills, and issues concerning alcohol, heroin, and crack cocaine addiction, prostitution, sexual abuse and rape. Co-facilitated a therapy group for men convicted of sex offenses; provided progress reports to parole and probation officers. Provided client-centered consultation and case management services for all clients. Performed intake interviews to determine level of care and assess risk of harm. Assessed functioning using the Addiction Severity Index (ASI), General Ability Measure for Adults (GAMA), Millon Clinical Multiaxial Inventory (MCMI), Personality Assessment Inventory (PAI), State-Trait Anger Expression Inventory (STAXI-2), Beck Depression Inventory (BDI-II), Michigan Alcohol Screening Test (MAST), Psychiatric Diagnostic Screening Questionnaire (PDSQ), and the Axis-II Personality Checklist (A-II). Completed 13 full and one partial battery: administered, scored and interpreted psychological tests, wrote reports based on the clients' social, cognitive, intellectual, and personality functioning, and provided treatment recommendations and feedback. Conducted research and reported on the impact of the clients' physiological disorders on their psychological functioning. Provided administrative supervision and clinical mentoring to six externs and evaluated their progress on a quarterly basis. Provided one-hour didactic

presentations to trainees and clinic staff on risk assessment and management, mandated reporting, establishing rapport with clients, trauma therapy, working with bereavement and loss, and preventing burnout and vicarious traumatization in therapists. Co-facilitated case conferences and intake seminars for trainees. Received weekly training on clinical topics. Participated in a cross-functional committee to define the holistic services to be provided by Adler Community Health Services (ACHS), and to determine desirable training program changes to foster the development of socially responsible practitioners. All services were provided under the supervision of licensed clinical psychologists.

Supervisors: Thomas Todd, Ph.D.; Lawrence Maucieri, Ph.D.

Hours: 60-75 hours/week; approximately 2800 total hours.

July 2004 – June 2005

Advanced Therapy Practicum Extern

Advocate Illinois Masonic Medical Center – Behavioral Health Services

Chicago, Illinois

Conducted individual, family, and group therapy in an outpatient and community mental health care setting serving a racially and culturally diverse population with triple burdens of poverty, multi-generational dysfunction, and severe or chronic mental illness or chemical dependency. Provided client-centered consultation and case management services. Co-facilitated a medication management therapy group (for individuals taking medications for psychiatric and physical illnesses) and Dialectical Behavioral Therapy (DBT) group. Performed intake interviews of adults and children to determine level of care and assess risk of harm. Assessed functioning using the Multnomah Community Ability Scale (MCAS), Child & Adolescent Functional Assessment Scale (CAFAS), Connors ADHD scale, and other instruments. Participated in two-hour weekly didactic seminars. All services were provided under the supervision of licensed clinical psychologists.

Supervisor: Jorge Cuevas, Ph.D.

Hours: 25-32 hours/week; 1375 total hours.

July 2003 – June 2004

Therapy Practicum Extern

Cancer Support Center

Homewood, Illinois

Conducted group, individual, and family therapy with individuals who have cancer, care for a loved one with cancer, or are bereaved. Facilitated and co-facilitated therapy groups for individuals with recurrent, metastatic, or late-stage cancer, adolescents, bereaved individuals, and family caregivers. Developed and facilitated a drumming therapy workshop for the children of cancer patients. Assisted in developing and conducting an eight-week course teaching emotion management through mindfulness meditation, and co-authored the instructional materials. Actively participated in program development and planning, assessment and outcomes analysis, and fundraising activities. Developed and presented psychoeducational programs and workshops on a range of topics including storytelling and music therapy. Developed and implemented a plan to re-engineer The Center's client database, service utilization tracking, calendar management, and outcomes data gathering. All services were provided under the supervision of licensed clinical psychologists.

Supervisor: Timothy Pedigo, Ph.D.

Hours: 20-24 hours/week; 948 total hours.

September 2002 – June 2003

Diagnostic Practicum Extern

Great Lakes Naval Hospital – Mental Health and Recruit Evaluation Unit
Great Lakes, Illinois

Interviewed, assessed, and diagnosed Navy recruits (ages 17-21), active duty Navy and Marine personnel, retired personnel, and their families (ages 17-65), representing a racially, culturally, and socioeconomically diverse population, and demonstrating a wide range of severe psychological, emotional, and physiological symptoms. Administered, scored, and interpreted standardized psychological tests, including the Wechsler Intelligence Scale-III, Benton Visual Retention Test, Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Personality Assessment Inventory (PAI), Amen Adult ADD Checklist, Rorschach Inkblot Test, Thematic Apperception Test, Projective Drawing, and Rotter Incomplete Sentences Blanks. Wrote psychological reports based on the clients' cognitive, intellectual, and personality functioning, outlined extensive treatment recommendations, and provided feedback to clients. Provided additional research and reported on the impact of the clients' physiological disorders on their psychological functioning. All services were provided under the supervision of licensed clinical psychologists.

Supervisor: Karla Rennhofer, Ph.D.

Hours: 16-20 hours/week; 720 total hours.

Professional Training and CEU Workshops Provided

April 2012 - Present

Professional Development Faculty

University of Chicago School of Social Work Administration

Develop, revise, and present full-day CEU trainings, such as

- Henning, J. *Effective Therapy for Bereavement, Grief, and Loss in Adults*:
 - April 20th, 2012
 - February 15th, 2013
 - February 22nd, 2013
 - March 7th, 2014
 - October 16th, 2015
 - June 17th, 2016
 - July 14th, 2017
 - October 26th, 2018
- Henning, J. *Safe and Effective Treatment of Posttraumatic Stress Disorder in Adults*:
 - November 4th, 2016
 - November 17th, 2017

November 2021

Henning, J. (2021) Effective therapy for bereavement, grief, and loss in adults. Full-day APA-sponsored CE training provided virtually through Bridgepoint Psychological Services, November 12th, 2021.

October 2021

Faculty for the Skills-Level Hypnosis Workshop (Memory; Age Regression; Trauma). Presented at the Society for Clinical and Experimental Hypnosis 72nd Annual Workshops and Scientific Session, October 13th – October 17th, 2021

October 2020

Faculty for the Skills-Level Hypnosis Workshop (Memory; Age Regression;

Trauma). Presented at the Society for Clinical and Experimental Hypnosis 71st Annual Workshops and Scientific Session, October 14th – October 18th, 2020

- October 2019** Faculty for the Beginning- and Skills-Level Hypnosis Workshop (Skills Workshop: Trauma; Introductory workshops: Patient Orientation/Presenting Hypnosis to Patients; Managing Resistance; Treatment Planning and Next Steps for Attendees). Presented at the Society for Clinical and Experimental Hypnosis 70th Annual Workshops and Scientific Session, New Orleans, LA, October 16th – October 20th.
- July 2019** Henning, J. Cultural Sensitivity, Personal Boundaries, and Changing Interpersonal Expectations in Professional Conference Settings. 90-minute Webinar presented through the Society for Clinical and Experimental Hypnosis and The Chicago School of Professional Psychology.
- October 2018** Henning, J. The Impact of Trauma and Grief on Behavior and Functioning. Three-hour workshop presented as part of the Pastoral Counseling Program at Loyola University Chicago's *Restorative Justice Ministry's Certification Program*, October 21-26, 2018.
- October 2018** Henning, J. Hypnotically enhanced interventions for clients facing end of life. Three-hour advanced workshop presented at the Annual conference and 68th Annual Workshops & Scientific Program, *Hypnosis Through the Ages, Chicago, IL*, October 25-29, 2018.
- October 2018** Faculty for the Beginning- and Skills-Level Hypnosis Workshop (Skills Workshop: Hypnosis and Memory, Age Regression, & Trauma; Introductory workshops: Patient Orientation/Presenting Hypnosis to Patients; Managing Resistance; Treatment Planning and Next Steps for Attendees). Society for Clinical and Experimental Hypnosis 68th Annual Workshops and Scientific Session, Las Vegas, NV, October 11th – October 14th.
- August 2018** Provided one full day and one half day training on the assessment and evidence-based treatment of traumatic stress, and on working with individuals facing death, dying, bereavement, chronic illness, or loss, for all staff at the grant-funded Trauma Recovery Program at Advocate Christ Hospital
- March – May 2018** Provided a 10-week (1 hour weekly) CEU training on working with individuals facing death, dying, bereavement, chronic illness, or loss for the study group of the Chicago Institute for Psychoanalysis
- March 2017** Henning, J. The safe and effective use of hypnosis in complex traumatic stress and dissociative disorders. Three-hour workshop given for the Chicago Society for Clinical Hypnosis, Chicago, IL, March 4th, 2017.
- October 2016** Faculty for the Intermediate-Level Hypnosis Workshop (induction Demonstrations and Group Practice). Society for Clinical and Experimental Hypnosis 67th Annual Workshops and Scientific Session, Boston, MA, October 6th – October 9th.
- April 2016** Henning, J. Addressing trauma-related symptoms, grief, and loss in a college counseling setting. Full-day CEU training offered for staff and trainees at the University of California – San Diego CAPS, April 28th, 2016.

- June 2013** Henning, J. *The PTSD Diagnosis in DSM-5*. One-hour continuing education program for Adler University faculty and students. Adler University, June 12th, 2013, Chicago, IL.
- May 2013** Henning, J. *Working With Violence-Exposed Individuals: Helping and Supporting Community Members, Yourself, and Each Other*. Two-hour presentation and discussion for volunteer workers with Chicago Area Project, serving violence exposed individuals in the Englewood community of Chicago. Adler University, May 2nd, 2013, Chicago, IL.
- March 2013** Henning, J., Brown, G., Ball, E., Adler, S., & Gordon, R. *Sexual Violence in the United States: Impact, Awareness, Advocacy, and New Directions for Change*. Presentation and panel discussion featuring Grace Brown of Project Unbreakable and local groups advocating against sexual violence, Adler University, March 18th, 2013, Chicago, IL.
- October 2012** Henning, J. & Zaccari, B. (2012). *Working With Violence-Exposed Youth: Identifying Needs and Providing Practical Assistance*. Presented at the Chicago Counseling Association's monthly meeting, October 1st, 2012, Chicago, IL.
- Professional Training:
Government and
Justice Systems**
- June 2016 Henning, J., The Impact of Trauma and Grief on Behavior and Functioning. Three-hour presentation for the U.S. Federal Court, Northern District, Pretrial Services Office's Alternative to Incarceration (ATI) team, including pretrial services staff members, U.S. District Court Judges, U.S. Magistrate Judge, Assistant U.S. Attorneys, and Federal Defender Attorneys
- Additional Teaching
and Academic Work
Experience**
- Adjunct Faculty
Adler University**
- September 2006 – July 2007 *Taught Trauma-Focused Approaches to Intervention, Cognitive-Affective Bases of Behavior, Assessment I: Cognitive and Intellectual Assessment, and Biopsychosocial Bases of Health & Dysfunction I for students in the Psy.D. and M.A. programs.*
- September 2007 – June 2009 **Didactic Lecturer
Great Lakes Naval Hospital
Great Lakes, Illinois**
Provided two-hour presentations and facilitate discussions with psychology trainees and clinic staff on working with bereavement and loss, preventing burnout and vicarious traumatization in therapists, and other clinical issues until the training site closed in June 2009.
- August 2008 **Guest Lecturer
St. Mary and St. Elizabeth Hospital
Chicago, Illinois**

Provided one-hour presentations and facilitated discussions with M.D. residents and hospital staff on working with bereavement and loss, preventing burnout and vicarious traumatization in physicians, and other clinical issues.

2004 – present

Didactics Presenter
Various Clinical Settings
Chicago area

Present psychoeducational training workshops on traumatic stress-related disorders, and burnout, compassion fatigue, and vicarious traumatization for clinicians, trainees, students, and staff at a wide range of mental healthcare facilities, including the Great Lakes Naval Clinic, Advocate Illinois Masonic Behavioral Health, The Fantus Clinic, Cook County, The Chicago School, and Adler University.

September 2005 –
September 2006

Intern Supervisor/Mentor
Dreikurs Psychological Services Center

Provided one-hour didactic lectures to trainees and clinic staff on risk assessment and management, mandated reporting, establishing rapport with clients, trauma therapy, working with bereavement and loss, and preventing burnout and vicarious traumatization in therapists.

Spring 2004

Student Course Stream Curriculum Assistant – Systems, Family, and Couples Courses

The Chicago School of Professional Psychology

Provided feedback and assistance to Core Faculty member in redesigning curricula and syllabi for systems theory, family, and couples courses.

January – May 2003

Teaching Assistant
Objective Personality Assessment
The Chicago School of Professional Psychology

Chicago, Illinois

Assisted Dr. Kerry Ronne in the teaching of objective personality assessment, including the preparation and teaching of one-hour labs designed to supplement the lecture provided by the instructor. Assisted the students as needed with their understanding of various assessment instruments and demonstrating their use, as well as grading student test protocols and reviewing the literature concerning various objective measures of assessment.

August 2002 –
December 2003

Teaching Assistant
Statistics II
The Chicago School of Professional Psychology

Chicago, Illinois

Assisted Dr. Steven Struhl in the teaching of three semesters of Statistics II (Application of Statistical Methods). Assisted students with their understanding of the application of methods of statistical analysis to study data, provided feedback on their study reports, and assisted the instructor with the revision of course materials.

Publications

Spring 2021

Henning, J. A., Brand, B., & Courtois, C. A. (2021) Graduate training and

certification in trauma treatment for clinical practitioners. *Training and Education in Professional Psychology* (published in Online First. Feb, 2021; in press in the print journal).

- January 2020 American Psychological Association. (2020, January). 4 questions for Janna Henning. *Monitor on Psychology*, 51(1).
<http://www.apa.org/monitor/2020/01/conversation-henning>
- July 2019 Henning, J. A., & Brand, B. L. (2019). Implications of the American Psychological Association's Posttraumatic Stress Disorder Treatment Guideline for trauma education and training. *Psychotherapy*, 56(3), 422–430
<http://dx.doi.org/10.1037/pst0000237> (Invited submission for the co-editors Christine Courtois and Laura Brown of a special issue on the APA PTSD guidelines)
- January 2016 Henning, J. (2016). An intersubjective view of empathy and hypnotic trance: Response to Wickramasekera II. *American Journal of Clinical Hypnosis*, 58(3), 256-273. (Invited by Wickramasekera II to reply to his original article)
- November 2015 Henning, J. A. Spontaneous memorialization. In: Neimeyer, R. A., Ed. (2015). *Techniques of grief therapy: Assessment and Intervention*. New York: Routledge. (Invited book chapter)
- July 2015 Henning, J. (2015). Refresh and restore the spirit. In: S. Reda & C. Eulotte, eds. *Life-cycle ceremonies: A handbook for your whole life*, pp. 92-93. Montclair, NJ: Celebrant Foundation and Institute. (Invited book chapter)
- July 2015 Kingsley, A., & Henning, J. A. (2015). Online and phone therapy: Challenges and opportunities. *Journal of Individual Psychology*, 71(2), 185-194.
- December 2013 Henning, J. (2013). Working with survivors of traumatic life events: A response to Millar on the Adlerian approach. *Journal of Individual Psychology* 69(3), 262-276. (Invited author of a rebuttal to the Adlerian position on the treatment of traumatic stress)
- January 2006 Dissertation: Henning, J. A. (2006). *Becoming a therapist with ill, dying, and bereaved clients: A relational constructivist view*. (Theoretical and phenomenological analysis of an in-depth case study exploring psychological, emotional, physical, and spiritual changes in psychology students and psychologists working with bereaved, seriously ill, and dying clients). *Dissertation Abstracts International: Section B: The Sciences and Engineering*, 67(4-B), 2228. [Dissertation Abstract]
- January 2000 Interviewed and profiled by *Crain's Chicago Business, Special Report: Business Technology*, "A little bit of knowledge now goes a long, long way." January 24, 2000, pp. SR14-SR15.

Blog Posts

- July 2020 *The impact of COVID-19 on Chicago's Black communities*. Interviewed as a member of a panel on preparing mental health practitioners to work with Black communities in the context of the pandemic. July 7th, 2020.
<https://www.adler.edu/2020/07/07/the-impact-of-covid-19-on-chicagos-black-communities/>

- October 2018 Henning, J. *Education About Sexual Assault to Bring About Social Change*. October 15, 2018. <https://www.adler.edu/blog/education-sexual-assault-bring-social-change>
- March 2016 Henning, J. *Before the Next School Shooting*. March 9th, 2016. <http://www.adler.edu/blog/before-the-53rd-school-shooting>
- May 2014 Henning, J. *The 9/11 Museum, Memorialization, and Trauma*. May 21st, 2014. <http://www.adler.edu/blog/the-911-museum-memorialization-and-trauma>
- September 2012 Henning, J. *Rituals to Restore and Refresh the Spirit. Spirituality & Health* blog, September 3rd, 2012. <http://spiritualityhealth.com/blog/celebrant-institute/rituals-restore-refresh-spirit>

Publication Reviews

- September 2021 - present Invited journal article reviewer for the *Traumatology* journal
- April 2021 - present Invited journal article reviewer for the *Psychotherapy* journal
- January 2020 - present Invited journal article reviewer for the *OBM Integrative and Complementary Medicine* journal
- November 2019 - present Invited journal article reviewer for *International Journal of Clinical and Experimental Hypnosis*
- September 2019 – present Invited journal article reviewer for *Journal of Trauma & Dissociation*
- October 2014 - present Invited journal article reviewer for *Psychological Trauma: Theory Research, Practice, and Policy*
- June 2012 Invited reviewer for a manuscript on transgenerational trauma, *The Shadow of America's Immigrant Ancestors*, for New York University Press.

Additional Research Activities

- Spring 2010 With Adler's Institute on Social Exclusion, offered consultation in planning and developing a Health Impact Assessment tool to measure the impact of major local policy change on aspects of mental health in the impacted community.
- Fall 2008 - present Recruited to be a clinical data provider. Towson University's Treatment of Patients with Dissociative Disorders (TOP DD) study, a large-scale investigation of effective treatment approaches for dissociative disorders involving over 100 investigators.
- June 2005 Participated in the creation and development of a curriculum and manual for therapists being trained to work with tsunami survivors in Sri Lanka. Wrote a

chapter on the treatment of survivors of complex trauma, which was translated into Tamil.

June 2005

Assisted Kerri Ronne, a Chicago School of Professional Psychology Core Faculty member, in recruiting transgender individuals to take the MMPI-2 in order to establish accurate norms. Explained the research, handed out and collected research materials, and discussed issues relevant to the transgender community with study participants and their partners. Attended conference meetings and engaged in discussions with researchers and professionals working in this area. Transgender Convention Be-All, Chicago, Illinois.

Dissertations Chaired

Martin, K., Henning, J., Killmer, M., & Hamrick, N. (2010). The role of yoga as a therapeutic tool and practice for improving cognitive, emotional, and spiritual well-being: A pilot study.

Sohocki, J. Henning, J., Bostwick, W., & Castro-Blanco, D. (2010). Nurses' sexual attitudes, beliefs, and education: The threats to sexual health and holistic nursing practice.

Mattingly, J., Henning, J., Maucieri, L., & Velazquez-Kenefick, K. (2011). Openness to experience as a protective factor against posttraumatic symptoms among college music majors.

Brennan, M., Henning, J, Migalski, S., & West, M. (2011). Traumatic Stress an the MMPI-2: F-scale and Validity Scales in Returning OIF/OEF Personnel who were Psychiatrically Evacuated from Theater.

Briggs, M., Henning, J., Maucieri, M., Johnson-Migalski, L. (2011). Feelings of inferiority as a motivating factor for perfectionism gifted children.

Walsh, J., Henning, J., Maucieri, M., & Dyson, V. (2011). The relationship between type of traumatic life experience and posttraumatic growth.

Cottrell, M., Henning, J., McNeilly, C., & Killmer, M. (2012). The role of societal norms in shaping mental health care responses to chronic homelessness.

McMillan, M. Henning, J., McNeilly, C., & Rennhofer, K. (2012). Secondary traumatic stress, burnout, and compassion satisfaction in pre-doctoral interns in clinical psychology.

Fay, J., Henning, J., Koch, K., & Craig, D. (2013). An examination of rape myth acceptance among police officers.

Cline, K., Henning, J., McNeilly, C., & Jones, (2013). Adverse childhood experiences and posttraumatic growth in combat exposed soldiers.

Haig, V., Henning, J., Killmer, M., & Gutkowska, M. (2013). Spirituality and clinicians' comfort with grief and loss issues.

Plunkett, S., Henning, J., Killmer, M., & Gutkowska, M. (2013). Clinicians' self-reported comfort level when working with grief and loss concerns with therapy clients.

Punzo, J., Henning, J., Killmer, M., & McNeilly, C. (2013). Symptoms and overall well-being in those who have been abused by church workers.

Maynard, P., Henning, J., Vannucci, M., & Bilkey, M. (2014). Disclosure of negative life events in an older adult sample.

Morrone-Kubes, M., Henning, J., Vannucci, M., & Ayman-Nolley, S. (2014). Disclosure of traumatic life events in a diverse college sample.

Avila, N., Henning, J., Ji, P., & Nichols, L. (2014). The relationship between caregiver depression, potential for re-abuse, and motivation to change parenting in families with child maltreatment.

Johnson, A., Henning, J., Barrington, K., & Kamensky, J. (2014). The impact of customized funeral rituals on grieving after loss.

Sanford, K., Henning, J., McNeilly, C., & Osten-Garner, K. (2014). Intimate partner violence among African-American lesbian relationships: the relationship between traditional gender role adherence and violence perpetration.

Pistorio, J., Henning, J., McNeilly, C., & Kim, E. (2015). Mental health professionals' attitudes toward rape survivors.

Stallings, L., Henning, J., Alvarez, J., Barrington, C. (2015). Facilitating healthy grieving after a mass trauma: Perspectives of university mental health providers.

Brimberry, T., Henning, J., Barrington, K., & Nichols, L. (2015). The impact of engagement with social networking on the grieving process in bereaved emerging adults.

Shaw, C., Henning, J., Alvarez, J., & Gershenson-Gates, R. (2015). Utilizing the Trauma Recovery Group with a lesbian, bisexual, gay, transgender, and queer community sample.

Nishida, H., Henning, J., Saigal, S., & Worden, M. (2015). Adverse childhood experiences and obesity in adulthood.

Rinker, J., Henning, J., Koch, K., & Heller, R. (2015). The relationship between emotional intelligences and PTSD symptoms in firefighter and emergency medical personnel.

Munnerlyn, T., Henning, J., McNeilly, C., & Osten-Garner, K. (2015). A qualitative exploration of the experiences of LGB clients who successfully completed a 16-week psychoeducational residential substance abuse program.

Millman, B., Henning, J., Bobova, L., & Silow, C. (2016). An examination of attitudes and beliefs of third-generation Holocaust survivors using the trauma attachment and beliefs scale.

Williams, B., Henning, J., Dyson, V., & McNeilly, C. (2016). Perceptions of helpful domestic violence interventions for female survivors.

Staszewski, B., Henning, J., Barrington, K., & Koch, K. (2016). Self-reported

changes in identity experienced by police officers disabled in the line of duty.

Schilling, S., Henning, J., Maucieri, L., & McNeilly, C. (2017). Predictors of suicidality in military Veterans with traumatic brain injuries.

Riley, J., Henning, J., Bockian, N., & Mourad, M. (2017). The relationship between mindfulness and burnout secondary traumatic stress, and vicarious traumatization in therapist trainees.

Yung, E., Henning, J., Alvarez, J., & McNeilly, C. (2017). Supporting survivors of sex trafficking: The providers' perspective on trauma-informed care.

Akinfosile, M., Henning, J., Johnson-Migalski, L., & Killmer, M. (2017). The self-perceived spiritual/religious competence of students in APA-accredited doctoral psychology programs.

Vaughn, R., Henning, J., Alvarez, J., & Cleminson, M. (2017). The complex cycle of interpersonal violence and homelessness: Perspectives of homeless women.

Waxler, M., Henning, J., Artime, T., & Paszkiewicz, W. (2017). An examination of rape myth acceptance and traditional gender roles among licensed mental health clinicians.

Eakin, L., Henning, J., Dyson, V., & Saigal, S. (2017). Reported weight bias towards students in teachers and teacher's aides.

Ventura, A., Henning, J., Alvarez, J., & Gutierrez-Lopez, L. (2017). The experiences of Chicana first-generation college students in the United States: Challenges and resources.

Delpier, Z., Henning, J., McNeilly, C., & Brennan, M. (2018). A phenomenological investigation of combat autobiographies: closing the communication gap between mental health professionals and veterans of Vietnam and Iraq.

Beumel, A., Henning, J., McNeilly, C. & Williams, C. (2018). Therapists' experiences of providing treatment to individuals convicted of sexual offenses.

Overhage, L., Henning, J., McNeilly, C., & Nichols, L. (2018). Is Dissociation the Key?: The role of dissociation in mediating childhood trauma and non-suicidal self-injury.

Kingsley, A., Henning, J., Wolff, J., & Barrington, K. Young adults' perceptions about the impact of parental loss during adolescence on their lives today.

Boles, Y., Henning, J., Westermeyer, J., & Hudson, S. (2018). The self-perceived impact of The Armenian Genocide on fourth generation female descendants of survivors

Bothwell, K., Henning, J., Saigal, S., & Klonsky, E. D. (2019). Self-perceptions of suicidal behavior in bisexual women: factors that facilitate

suicidal thinking and the progression to making an attempt.

Keith, J., Henning, J., McNeilly, C., & Williams, M. (2019). Communication patterns between cancer patients and their family caregivers: the perspective of the cancer patient.

Gottlieb, J., Henning, J., Barrie, R., & Dyson, V. (2019). The effects of chronic exposure to community violence on the worldview of African American male adolescents.

Bernard, V., Henning, J., Saigal, S., & Punzo, J. (2019). The perceived impact of social support on posttraumatic responses in bisexual women following a sexual assault.

Anderson, M., Henning, J., Alvarez, J., & McNeilly, C. (2019). Doctoral students' perceptions of trauma training in clinical psychology programs.

Dyarman, J., Henning, J., McNeilly, C., & Killmer, M. (2019). Therapists' perceptions of the relationship between their trauma-related clinical work and their religious and/or spiritual functioning.

Alter, C., Henning, J., Alvarez, C., and Barrington, C. (2019). Female students' perceptions of the impact of previous parental loss on their functioning in college: A phenomenological study.

Gray, J., Henning, J., Bockian, N., & Nishida, H. (2020). Dentists' self-reported practice approach to working with patients who have psychological symptoms

Burgo, I., Henning, J., Bockian, N., & Barrington, K. (2020). Women's perceived experience of loss After sustaining a spinal cord injury

Kressler, J., Henning, J., Johnson-Migalski, L., & McNeilly, C. (2020). The lived experience of parents of adolescents with co-occurring PTSD and substance use disorder

Owens, A., Henning, J., Dyson, V., & McNeilly, C. (2020). Community violence exposure: implications for moral development and moral injury

Robinson, S., Henning, J., McNeilly, C., & Alvarez, J. (2020). How trauma therapists choose trauma-related treatment approaches: a phenomenological inquiry

Jensen, J., Henning, J., Dyson, V., and Milco, M. (2021). Spirituality and childhood sexual exploitation: survivors' perspectives

**Conference
Presentations,
International and
National**

April 2022

Henning, J. (2022). Grief and loss in complex trauma survivors: incorporating grief-focused interventions into stage-oriented approaches to enhance treatment outcomes and facilitate post-traumatic growth. Invited presentation at the International Society for the Study of Trauma and Dissociation's 39th Annual Conference, Seattle, WA, April 1st, 2022.

- October 2021 Henning, J. A., Ruyschaert, N., & Forester-Miller, H. (2021). Presidential symposium: Using hypnosis for stress and burnout. Presented at the Society for Clinical and Experimental Hypnosis 72nd Annual Workshops and Scientific Session, fully virtual conference, October 16th. 2021.
- August 2021 Courtois, C. A., Bailey, T. D., Marotta-Walters, S., Layne, C. M., Cook, J.M., Henning, J. A., & Gold, S. N.. (2021). The Inclusion of trauma into the psychology curriculum: Recent initiatives. Symposium presented at the APA Convention, August 12th, 2021.
- August 2021 Ivelisse Burgo, I., & Henning, J. (2021). *Women's perceptions about losses in the context of spinal cord injury*. Poster presented at the Association for Death Education and Counseling Fully Virtual Annual Conference, April, 2021. (This poster was based on the student's dissertation research; I was the dissertation chair).
- October 2020 Henning, J. A., Jensen, M., & Elkins, G. (2020). Presidential Symposium: Hypnosis to Enhance and Augment Treatment Outcomes. Presented at the Society for Clinical and Experimental Hypnosis 71st Annual Workshops and Scientific Session, fully virtual conference, October 17th. 2020.
- October 2020 Henning, J. (2020). Not Just Surviving, but Thriving: Hypnotic Interventions to Support Helping Professionals and their Patients in Challenging Times. Advanced Workshop presented at the Society for Clinical and Experimental Hypnosis 71st Annual Workshops and Scientific Session, fully virtual conference, October 16th. 2020.
- February 2020 Henning, J., & Gutkowska, M. (2020). Not Just Surviving, But Thriving: Supporting University Counseling Center Therapists in Challenging Times and a Changing Workplace. Closing keynote at the 2020 Big 10 Counseling Centers Conference, Northwestern University, Evanston, IL., February 21st, 2020.
- November 2019 Gottlieb, J., & Henning, J. (2019). The effects of chronic exposure to community violence on African American male adolescents' world view. Poster session at the 35th Annual International Society for Traumatic Stress Studies Yearly Meeting, Boston, MA.
- July 2019 Henning, J., LaRue, D., & Trauthwein, B. (2019). Teaching H/E in a social justice-focused doctoral program: Challenges and opportunities. 90-minute workshop presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
- July 2019 Gottlieb, J., & Henning, J. (2019). The effects of chronic exposure to community violence on African American male adolescents' world view. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.
- October 2018 Invited panelist in a symposium on Hypnosis and Memory for the meeting, *Hypnosis in Integrated/Integrative Healthcare: Collaborative, Connected, and Creative Approaches*. Society for Clinical and Experimental Hypnosis 69th Annual Workshops and Scientific Session, Las Vegas, NV, October 10th

- personnel*. Poster presented at the 124th Annual Convention of the American Psychological Association, Denver, CO.
- August 2016 Davis, E. B., Cuthbert, A. D., Sturdy, W., & Henning, J. (2016, August). *Early career leadership opportunities in Division 36: Society for the Psychology of Religion and Spirituality*. Poster session conducted at the 124th Annual Convention of the American Psychological Association. Denver, CO.
- April 2016 Stallings, L., & Henning, J. (2016). *Facilitating healthy grieving at a university after mass trauma*. One-hour presentation at the Association for Death Education and Counseling 38th annual conference, Minneapolis, MN, April 13 – 16.
- April 2016 Brimberry, T., & Henning, J. (2016). *The Impact of engagement with social networking on the grieving process in bereaved emerging adults*. Poster to be presented at the Association for Death Education and Counseling 38th annual conference, Minneapolis, MN, April 13 – 16.
- April 2016 Shaw, C., & Henning, J. (2016, April). *Utilizing the Trauma Recovery Group with a lesbian, bisexual, gay, transgender, and queer community sample*. Paper presented at the International Society for the Study of Trauma and Dissociation yearly meeting, San Francisco, CA, April 3rd, 2016.
- October 2015 Henning, J. A., & LaRue, D. S. (2015). *The use of hypnosis to facilitate CPAP compliance in an adult with obstructive sleep apnea and PTSD*. Presentation at the Society for Clinical and Experimental Hypnosis 66th Annual Workshops and Scientific Session, Orlando, FL, September 30th – October 4th.
- August 2015 Henning, J., & Punzo, J. *How to teach a trauma course*. Ninety-minute presentation at the Annual American Psychological Association Convention, Division 56 (Trauma) Hospitality Suite, August 7th, 2015, 12:30-2:30pm. (Invited)
- April 2015 Johnson, A., Henning, J. (2015). *The impact of customized funeral rituals on grieving after loss*. Poster presented at the Association for Death Education and Counseling 37th annual conference: Honoring Diversity — Dying, Death, and Bereavement in a Multicultural World. San Antonio, TX.
- November 2014 Punzo, J., Henning, J. (2014, November). *Traumatic dissociation and quality of life in those abused by church workers*. Poster presented at the International Society for Traumatic Stress Studies Yearly Meeting, November 5-8, 2014, Miami, FL.
- October 2014 Punzo, J., Henning, J. (2014, October). *Traumatic dissociation and quality of life in those abused by church workers*. Poster presented at the International Society for the Study of Trauma and Dissociation Yearly Meeting, October 25th, 2014, Long Beach, CA.
- August 2014 Punzo, J., Henning, J., & Wang, D. (2014, August). *Intersections between trauma and spirituality: Clinical and research implications*. One-hour symposium presented at the Annual American Psychological Association Convention, Washington, DC.
- August 2014 Cottrell, M., & Henning, J. (2014, August). *Assessment and treatment of*

- psychopathology in diverse settings*. Part of a Symposium presented at the Annual American Psychological Association Convention, Washington, DC.
- August 2014 Henning, J., Punzo, J. *Traumatic symptoms and overall well-being in those abused by church workers*. One-hour presentation at the Survivors Network for Those Abused By Priests (SNAP) Yearly Conference, August 2nd, 2014, Chicago, IL. (Invited)
- August 2014 Henning, J. (August, 2014). *Recognizing and preventing burnout, compassion fatigue, and vicarious traumatization for SNAP Group Leaders*. One-hour presentation at the Survivors Network for Those Abused By Priests (SNAP) Yearly Conference, August 1st, 2014, Chicago, IL. (Invited)
- July 2014 Henning, J. (2014). *Incorporating Relational Constructivism with stage-oriented treatment for complex traumatic stress*. One-hour presentation at the First Congress on the Construction of Personal Meaning, July 24th, 2014, Vancouver, Canada. (Invited)
- June 2014 Henning, J. *Ghost bikes as a form of spontaneous memorialization and their impact on maintaining continuing bonds with the deceased*. Ninety-minute presentation at the International Death, Grief & Bereavement Conference, LaCrosse, WI, June 2nd, 2014.
- April 2014 Plunkett, S. & Henning, J. (2014, April). *Clinicians' self-reported comfort level when working with grief and loss concerns with therapy clients*. One-hour presentation at the ADEC 36th annual conference: End of life and grief as a path to resilience, transformation, and compassion. Renaissance Harborplace Hotel, Baltimore, MD.
- November 2013 Shapiro, D., Henning, J., & Ryan, S. *Illness in the Trauma Therapist*. One-hour symposium at the International Society for the Study of Trauma and Dissociation yearly meeting, Baltimore, MD, November 17th, 2013.
- October 2013 Henning, J. *Using Hypnosis in Anger Management Protocols with Trauma Survivor Clients*. Three-hour workshop at The Society for Clinical and Experimental Hypnosis yearly meeting, Berkeley, CA, October 3rd, 2013. (Invited)
- July 2012 Henning, J. (July, 2012). *Finding the right therapist for you, and negotiating effectively to get the help you need*. One-hour presentation at the Survivors Network for Those Abused By Priests (SNAP) Yearly Conference, July 27th - 29th, 2012, Chicago, IL. (Invited)
- July 2012 Henning, J. (July, 2012). *Recognizing and preventing burnout, compassion fatigue, and vicarious traumatization for SNAP Group Leaders*. One-hour presentation at the Survivors Network for Those Abused By Priests (SNAP) Yearly Conference, July 27th -29th, 2012, Chicago, IL. (Invited)
- March 2012 Henning, J., & Cottrell, M. (March 31st, 2012). *"Ride-in-Peace": Ghost bikes and the (r)evolution of spontaneous memorialization*. One-hour presentation at the Association for Death Education and Counseling's 34th Yearly Meeting, Atlanta, GA.
- November 2010 Henning, J. (Nov. 14th, 2010). *Hypnotic trance, quantum mechanics, and spirituality as aspects of transformative intersubjectivity in effective therapy relationships*. Presented as part of a one-hour paper session on spirituality

and hypnosis at the Society for Clinical and Experimental Hypnosis, 61st Annual Workshops and Scientific Programs, Boston, MA. (Invited)

- February 2010 Henning, J. (2010, February). *Burnout, compassion fatigue, and vicarious traumatization in clinicians, supervisors, and teachers: Recognition, prevention, and treatment*. One-hour workshop presented at the Sixth Annual Traumatology Symposium on Dynamic Approaches to Crisis and Trauma Interventions, Sarasota, Florida.
- July 2009 Todman, L., Taylor, S., Cochrane, K., & Henning, J. (2009, July). *Integrating social responsibility into the teaching of psychology*. Symposium presented at the 11th European Congress of Psychology, Oslo, Norway.
- April 1996 Henning, J. (1996). *A working glossary of alternative medicine modalities*. One-hour presentation at The Alliance for Healthy Aging conference, "The Emerging Role of Self-Care in Healthy Aging," Palm Springs, California.
- October 1995 Henning, J. (1995). *Changing with the changing times: Professional communications in a pharmaceutical company*. One-hour professional educational program provided at the 55th Annual Conference of The American Medical Writers Association, plenary session, New Career Opportunities in the Pharmaceutical Industry Resulting From Managed Care. Baltimore, Maryland.

Conference Presentations, Local

- June 2019 Co-organized a research symposium on addictions and psychological trauma for Chicago area doctoral students, and mentored 13 students in presenting research posters.
- September 2016 Henning, J. (2016). The Relationship Between Trauma and Housing Discrimination. Presentation given as part of a symposium at the John Marshall Law School Annual Fair Housing Conference: A tribute to Bill Caruso, Pioneer in Fair Housing, Chicago, IL, September 9th, 2016.
- March 2016 Henning, J. (2016). *Recognition, Prevention, and Management of Vicarious Traumatization for Individuals Working with Violence-Exposed Individuals*. One-hour presentation for the Chicago-area Schweitzer Fellows. (Invited)
- November 2015 Henning, J. Traumatic grief in veterans. One-hour presentation at *When Trauma Comes Home*, a day-long conference on mental health issues impacting veterans co-sponsored by the IPA's Military Section and AMITA Health Behavioral Medicine. Hoffman Estates, IL, November 20th, 2015. (Invited)
- September 2015 Henning, J. *The relationship between trauma and housing discrimination*. Twenty-minute presentation as part of a symposium, *What We Can Learn From Social Scientists*, for the *Approaching Fifty: The Federal Fair Housing Act* conference, convened by the John Marshall Law School Fair Housing Legal Support Center and Clinic, September 11-12, 2016, Chicago, IL. (Invited)
- October 2014 Peterson, K., & Henning, J. (October 31st, 2014). *Gifted African Americans: How self-efficacy and familial support impact outcomes*. One-hour presentation at HalloweenM 39, the 39th Annual Regional Gathering of the

Chicago Area Mensa Group, Chicago, IL.

February 2013

Henning, J., & Rinker, J. *"But the audience was asking for it!": Is there a relationship between rape jokes in stand-up comedy routines and rape culture in the U.S.?* The Chicago School, Cultural Impact Conference, February 8th, 2013, Chicago, IL.

October 2010

Briggs, M., & Henning, J. (October 30th, 2010). *Perfectionism in gifted Children*. Presented at Halloween 35, the 35th annual Regional Gathering of the Chicago Area Mensa group, Chicago, IL.

April 2003

Co-facilitated a group discussion of the film, "The Color of Fear II" with the Chicago School of Professional Psychology's Social Justice Group at the Eighth Biennial Cultural Impact Conference. Chicago, Illinois.

**Public Education Talks
Provided**

**Public Education
Panels for Theater and
Film Performances**

March 2019

Featured participant in a panel to facilitate the post-show "REFLECT" Q & A session, "How (Not) To Have A Family Reunion" for the Lookingglass Theatre Company's performance of *Act(s) of God*, March 24th, 2019, Chicago, IL.

November 2017

Featured participant in a panel to facilitate the post-show "REFLECT" Q & A session, "A Matter of Power" for the Lookingglass Theatre Company's performance of *Hard Times for Our Times*, November 12th, 2017, Chicago, IL.

November 2016

Featured participant in a panel to facilitate the post-show "REFLECT" Q & A session, "Families: Can't Live With 'Em...?" for the Lookingglass Theatre Company's performance of *Life Sucks*, November 16th, 2016, Chicago, IL.

March 2016

Featured participant in a panel to facilitate the post-show "REFLECT" Q&A/panel session, "Sex, Repression, and the Makings of Great Art" for the Lookingglass Theatre Company's performance of *Blood Wedding*, March 20th, 2016, Chicago, IL.

November 2015

Featured participant in a panel to facilitate the post-show "REFLECT" Q&A/panel session, "The Psychology of Villainy" for the Lookingglass Theatre Company's performance of *Treasure Island*, November 1st, 2015, Chicago, IL.

July 2015

Featured participant in a panel to facilitate the post-show "REFLECT" Q&A/panel session, "Obsession, Revenge, Fanaticism and Madness in *Moby Dick*" for the Lookingglass Theatre Company's performance of *Moby Dick*, July 12th, 2015, Chicago, IL.

April 2015

Featured participant in a panel to facilitate the post-show "REFLECT" Q&A/panel session, "'I don't know how I imagine myself, honestly. Maybe slightly taller and with different insides": Bodies and Identity in TITLE AND DEED" for the Lookingglass Theatre Company's performance of *Title and Deed*, April 26th, 2015, Chicago, IL.

- March 2015 Post-show faculty debrief facilitator and panelist for the Adler University Feminism and Equality Alliance's performance of *A Memory, a Monologue, a Rant, and a Prayer*, March 21st and 22nd, 2015, Chicago, IL.
- October 2014 Featured participant in a panel to facilitate the traumatic stress-related post-show "REFLECT" Q&A/panel session, "Grave Disagreements: How We Define Death?" for the Lookingglass Theatre Company's performance of *Death Tax*, October 5th, 2014, Chicago, IL
- October 2013 Featured participant in a panel to facilitate the traumatic stress-related post-show "REFLECT" Q&A/panel session, "Whose Choice Is It?: Questions of Sexual Agency in *The North China Lover*" for the Lookingglass Theatre Company's performance of *The North China Lover*, October 27th, 2013, Chicago, IL
- July 2013 Featured participant in a panel to facilitate the post-show "REFLECT" Q&A/panel session, "*BIG LAKE BIG CITY BIG IDEAS - An Ecstatic, Existential Ride on the Wheel*" for the Lookingglass Theatre Company's performance of *Big Lake Big City*, July 14th, 2013, Chicago, IL
- March 2013 Featured participant in a panel to facilitate the traumatic stress-related post-show "REFLECT" Q&A/panel session, *War and the Brain: The Battle Within*, for the Lookingglass Theatre Company's performance of *Bengal Tiger in the Baghdad Zoo*, March 3rd, 2013, Chicago, IL.
- November 2012 Featured facilitator and participant in an expert panel at the Adler University Military Psychology Emphasis' screening and discussion of *The Invisible War*, a documentary about military sexual trauma, November 9th, 2012, Chicago, IL.
- October 2012 Featured participant in a panel to facilitate the traumatic stress-and loss-related post-show "REFLECT" Q&A/panel session, "...*dreams are private myths*": *Myth, Mind and the Unconscious*, for the Lookingglass Theatre Company's performance of *Metamorphoses*, October 28th, 2012, Chicago, IL.
- October 2012 Co-led a team of students and faculty in facilitating traumatic stress-related post-show "talk back" Q & A sessions following 13 performances of *Black N Blue Boys, Broken Men* for the Goodman Theatre, October 2012, Chicago, IL.

**Public Education:
Community-Based
Agencies**

- March 2016 Henning, J. (2016). Trauma-informed care and recognition, prevention, and management of vicarious traumatization for health professionals working in community settings. One-hour presentation for the Schweitzer Fellows' training series, March 9th, 2016, Chicago, IL.
- October 2012 - present Henning, J. *Recognition, Prevention, and Management of Vicarious Traumatization for Students and Attorneys Working with Violence-Exposed Individuals*. One-hour presentation given every semester for the students in

the Restorative Justice Project, John Marshall Law School, Chicago, IL.

- November 2014 Henning, J. *Recognition, Prevention, and Management of Vicarious Traumatization for High School Teachers and Staff Working with Violence-Exposed Individuals*. Restorative Justice Project, Peace Circle Training for high school students from the Generational Blessings church, November 15th, 2014, Chicago, IL.
- December 2013 Henning, J. *Grieving after loss, and what you can do to cope*. Ninety-minute presentation and discussion for senior residents of Senior Housing Holsten Human Capital Development NFP, Chicago, IL, December 11th, 2013.
- October 2013 Henning, J. *Recognition, Prevention, and Management of Vicarious Traumatization for Students and Attorneys Working with Violence-Exposed Individuals*. John Marshall Law School, October 10th, 2013, Chicago, IL.
- September 2013 Henning, J. *The Trauma of Loss and Help for Healing*. One-hour presentation and discussion for bereaved caregivers at the Day of Remembrance ceremony. Wellness House, September 22nd, 2013, Hinsdale, IL.
- April 2013 Henning, J. *Working with Bereavement, Grief, and Loss in Older Adults*. Two-hour presentation and case consultation for clinicians on Council for Jewish Elderly SeniorLife, Skokie, IL, April 30th, 2013.
- August 2012 Henning, J. *Recognition, Prevention, and Management of Vicarious Traumatization for High School Teachers and Staff Working with Violence-Exposed Individuals*. Restorative Justice Project, Marine Academy High School, August 29th, 2012, Chicago, IL.
- March 2004 Presented a psychoeducational program, "Storytelling for Beginners" for clients at the Cancer Support Center, Homewood, Illinois.
- November 2003 Presented a psychoeducational program, "Music to Our Ears: Music, Emotions and Health" for clients at the Cancer Support Center. Homewood, Illinois.

***Additional
Professional
Experience***

- July 2001- August 2002 ***Consultant, Internet Website Page Development
Alumni Relations Department
Roosevelt University
Chicago, Illinois***
Provided consultation on the design, information flow, development, implementation, maintenance, and marketing of a web-based information sharing/connectivity tool to be utilized by the Alumni Relations Department, Roosevelt alumni, and other customers.
- June 1998 –October 2000 ***Senior Manager, Knowledge Management
Global Medical Marketing (GMM)
Searle Pharmaceuticals***

Skokie, Illinois

Project Manager, GMM Navigator

- Conducted trainings, demonstrations, and full-day workshops on technology-related issues for audiences of up to 350 colleagues and customers from 35 countries, including corporate vice presidents, managers, and administrative staff.
- Managed the design, information flow, development, implementation, maintenance, and marketing of an information sharing/global connectivity tool utilized by over 275 users in 35 countries, completed in 8 weeks at a fraction of anticipated budget.
- Created a customer advisory panel to align website functionality with customer needs and expectations.
- Developed and implemented a marketing campaign to increase website user activity and content contribution. "Hits" increased from 1500/month to 150,000/month after 6 months and to 350,000/month after 18 months, with no dedicated marketing budget or resources. After 2 years, over 30% of customers were active content contributors/publishers.
- Created new methods of capturing and analyzing user demographics and metrics to measure product value and helped create a strategy to link incentives to user activity.

Project Manager: Mindfulness Meditation

- Co-managed a Vipassana (Mindfulness) meditation program at the Corporate Center, offering courses, retreats, and regular "sits" to employees.

Project Manager, Best Practices

- Created a highly praised, Communities of Practice-based pilot program to align business activities with business vision and goals, and facilitate rapid adjustment to changes in customer base, market, and industry.
- Co-chaired a company-wide committee to define and publish corporate Intranet best practices, including methods for marketing, customer culture change, and business value analysis.

Project Manager, Innovation & Creativity

- Designed a pilot program to study innovative and creative behavior in stellar company performers and develop training materials and workshops to nurture these behaviors in all team members

GMM representative, Searle Information Technology Prioritization Team

- Participated in a cross-functional company-wide steering committee responsible for prioritizing use of information technology project funds (\$6 million budget). Invited to serve as the corporate committee chairperson.

June 1997 - June 1998

**Manager, Information Technology & Development
Global Medical Marketing (GMM)
Searle Pharmaceuticals**

- Consulted for Marketing, Customer Relations, and Public Affairs departments concerning patient health behaviors and compliance with treatment recommendations.

- *Assisted Vice President in developing a new advisory committee of the Drug Information Association and planning its first meeting.*
- *Provided leadership in design, implementation, and maintenance of innovative web-based product literature and document management systems that incorporated HTML, Lotus, Oracle, Microsoft, and Documentum products and platforms, as well as a wide range of Intranet development and content publishing programs.*

October 1996 – June
1997

Manager, Healthcare Information Services
Global Healthcare Resources
Searle Pharmaceuticals

- *Participated in the conception, development, and implementation of a comprehensive, customized inquiry management computer system.*
- *Researched, wrote, and edited medical monographs, literature analyses, and customer response letters concerning treatment strategies for cardiovascular, digestive system, and sleep disorders.*

November 1993 –
October 1996

Research & Information Supervisor, Medical & Scientific Information
Corporate Medical & Scientific Affairs
Searle Pharmaceuticals

- *Wrote comprehensive medical monographs concerning patient healthcare compliance and alternative/complementary medicine to support the information needs of managed care organizations.*
- *Served as Data System Administrator for complex, customized information request management database. Developed procedures and trained staff in use of all new computer applications and information technology systems.*

August 1988 - November
1993

Consultant, Medical & Scientific Information
Corporate Medical & Scientific Affairs
Searle Pharmaceuticals

- *Analyzed and organized 50,000 medical studies and review articles to create a medical information taxonomy and archive*
- *Edited medical monographs and reports about the treatment of medical disorders for Regulatory Affairs, International Marketing, and Clinical Research departments.*

March 1985 – March
1986

Law Clerk
Assistant to the Director, Monroe County Human Rights Commission
City of Bloomington Legal Department
Bloomington, Indiana

- *Conducted depositions and researched and drafted advisory briefs concerning legal issues that impacted the local community. Specialized in issues concerning gender and racial discrimination and political asylum for refugees and survivors of government-sponsored torture and persecution.*

**Additional Courses
and Training**

- *Received over 200 hours of formal instruction, and 20 hours of formal individual supervision, in Clinical Hypnosis*
- *Participated in Skills Training in Affective and Interpersonal Regulation – Narrative Exposure: Working with Complex Cases, a half-day workshop at the International Society for Traumatic Stress Studies yearly meeting, Miami, FL, November 5th, 2014.*

- Received training in EMDR, Level I and Level II
- Completed a year-long seminar in clinical supervision (three semesters – modified version of the American Association for Marriage and Family Therapy’s approved course for training Approved Supervisors), Adler University, Sept. 2005 - June 2006.
- Received American Red Cross Disaster Training, Adler University, March 2006.
- Received formal training in (Dialectical Behavioral Therapy (DBT), and co-led a DBT group for 6 months (2004-2005)

Professional Association Leadership

August 2021 - Present	Chair of the Education and Training Committee of Division 56 (Trauma) of the American Psychological Association and of <i>the</i> Div. 56 President’s Task Force, <i>Teaching Trauma</i> , of the Education and Training Committee.
November 2021 – Present	Immediate Past-President, Society for Clinical and Experimental Hypnosis.
October 2019 – November 2021	President, 2019-2021 term. Society for Clinical and Experimental Hypnosis. Served as the 5 th female president in the organization’s 71-year history, and the second female president in the past 25 years.
July 2017 – October 2019	President-Elect, 2019-2021 term. Society for Clinical and Experimental Hypnosis. Serve as the 5 th female president in the organization’s 70-year history, and the second female president in the past 25 years.
October 2014 – August 2021	Co-chair (with Bethany Brand) of the Education and Training Committee of Division 56 (Trauma) of the American Psychological Association and of <i>the</i> Div. 56 President’s Task Force, <i>Teaching Trauma</i> , of the Education and Training Committee.
April 2017 - present	Write CT/FT Exam items for the Credentialing Committee of the Association for Death Education and Counseling.
March 2013 – August 2015	Chair, Survey Data and Analysis Task Force, subcommittee of the Credentialing Council of the Association for Death Education and Counseling
October 2015 – present	Chair, Constitution and Bylaws Committee, Society for Clinical and Experimental Hypnosis
September 2014 – October 2015	Chair, Legislation, Law and Public Relations Committee, Society for Clinical and Experimental Hypnosis

Professional Memberships

- The American Psychological Association
- Divisions of the American Psychological Association (APA):
 - Society for the Advancement of Psychotherapy (Div. 29)
 - Society of Psychological Hypnosis (Div. 30)
 - Humanistic Psychology (Div. 32)
 - Society for the Psychology of Women (Div. 35)

- Society for the Psychology of Religion and Spirituality (Div. 36)
- The Society for the Psychological Study of Men and Masculinity (Div. 51)
- APA Division of Trauma Psychology (Div. 56)
- The International Society for the Study of Trauma and Dissociation (ISST-D)
- The International Society for Traumatic Stress Studies (ISTSS)
- The American Society of Clinical Hypnosis (ASCH)
- The Society for Clinical and Experimental Hypnosis (SCEH)
- The Association for Death Education and Counseling (ADEC)
- The Constructivist Psychology Network
- The Association for Gravestone Studies
- Psi Chi (The National Honor Society in Psychology)

Policy and Advocacy Activities

August 2017 Participated in a 2-day policy writing training workshop, sponsored by Div. 17 and Div. 56 of the APA, in Washington, D.C. Met with Senators and Congresspersons to advocate for their support of a bill protecting incarcerated pregnant women from shackling and excessive restraints.

Additional Community Engagement Activities

August 2017 As a representative of APA Division 36 (Religion and Spirituality) facilitated an APA Division 17 Community Engagement Committee event during the 2017 APA Convention, providing a compassion fatigue workshop at Whitman Walker Health, a community health center with a special expertise in LGBT and HIV/AIDS care.

June 2009 Led a team of Adler faculty members and students in the American Foundation for Suicide Prevention's Out of the Darkness walk. The team walked 18 miles from dusk to dawn, and raised over \$7,000 to fund suicide prevention outreach and research programs.

December 2009 - Present Regularly perform music in nursing homes and hospitals to facilitate positive mood, social interaction, and cognitive stimulation through group music experiences for persons with chronic, persistent, and severe mental illness or life-threatening illness.

August 17-18, 2002 Participated as a walker in Out of the Darkness, the first national fundraising and awareness campaign for the prevention of suicide. Walked more than 26 miles in one night. Organized a concert and auction that raised over \$1200.00 and promoted community knowledge and awareness.

June 18-20, 1999 Participated in the first Chicago-area Avon Breast Cancer 3-Day event, to fund breast cancer research and early-detection and awareness programs with special emphasis on reaching underserved communities. Walked over 60 miles in three days and raised \$1800.00.

Additional Leadership Activities

- October 2002 – May 2003 Participated as a student member of The Chicago School of Professional Psychology's Educational Policies Committee. Facilitated three student focus groups to gather feedback concerning the dissertation process, curriculum, clinical competency exam, and other training experiences. Compiled the feedback into a 15-page document for faculty and administrative staff. This feedback was instrumental in the recent redesign of the school's policies and curriculum.
- October 2002 – 2005 Actively participated in a CSOPP faculty/student Social Justice group exploring the relationship between culture, society, and the practice of psychology.
- January – April 2004 Nominated by Chicago School of Professional Psychology faculty members to participate in the 2004 Admissions Panel. Met with prospective applicants and provided information about the school's curriculum and training opportunities.
- September 2002 Created a student group to share information and foster career development in the Health Psychology field.

Additional Activities

- 1993 – present Sing and play mandolin, bass, guitar, fiddle, and percussion in local venues with various musical groups.
- September 1995 Successfully completed an 8-day Outward Bound Intensive Course, Voyageur Outward Bound School, Ely, Minnesota.

Honors & Awards

- March 2020 Received the Bernard Raginski Award for leadership in the field of clinical hypnosis. This award is the highest honor bestowed by the Society for Clinical and Experimental Hypnosis.
- October 2018 Received the Presidential Award from the Society for Clinical and Experimental Hypnosis for leading an initiative for diversity and inclusivity in its membership and organizational processes.
- November 2015 Formally nominated for the *International Society for Traumatic Stress Studies' Student Mentorship Award* by a group of eight Adler University students representing three student cohorts.
- June 2011 *Professor of the Year*, elected by the Adler University student body in the Adler Student Group's yearly election.
- July 2010; 2013; 2014 Finalist, *Professor of the Year Award*, nominated by students in the Adler Student Group's yearly election; I have been a finalist for Professor of the Year in every year in which I was eligible.
- June 2009 Nominated by faculty as one of four finalists for the Adler University Faculty's *Excellence in Teaching Award*.

- April 2010 Adler University received the 2010 Illinois Network for Women in Higher Education (INWHE) Distinguished Institution Award. The award recognizes an institution that demonstrates, through policies and practices, exceptional and innovative accomplishments in the development of women leaders at all levels of the institution. The syllabus for the Gender & Sexual Identity in Clinical Practice course I taught in Spring 2010 was submitted as part of the application for this award.
- April 2010 Adler University received a grant of \$5,000 from the Spencer Foundation in support of the new torture survivor well-being class, developed through collaboration between myself and Adler's Director of Community Engagement, Director of Training and Community Service, and Director for the Institute on Social Exclusion, in partnership with Heartland Alliance's Marjorie Kovler Center for the Treatment of Torture.
- August 2001 Received the Chicago School's Alumni Scholarship.
- August 1984 – May 1987 Received fellowship awards each year of law school based on academic standing.

References available upon request